If I am a Heterosexual:

1. I can go into a music store and find the language of my sexual orientation represented in the lyrics.
2. Television and movies reflect my relationships in widely diverse and non-stereotypical ways.
3. My children are given texts and information at school that validates my sexual orientation.
4. Society encourages me to marry and celebrates my commitment.
5. As a responsible and loving parent, I won’t lose my children in a custody battle because of my sexual orientation.
6. I can easily buy postcards, books, greeting cards, and magazines featuring relationships like mine.
7. I don’t have to worry about being fired or denied housing because of my sexual orientation.
8. I can be sure that if my spouse is in the hospital and incapacities, I can visit and will be consulted about any decisions that need to be made.
9. Insurance provided by my employer covers my spouse and my children.
10. Hand holding with my love is seen as acceptable and endearing.
11. I can serve my country in the military without lying or keeping silent about my family.
12. I can keep pictures of my loved one on my desk at work without fear or reprisal.
13. I will receive all of my deceased spouse’s estate, tax-free.
14. I never need to change pronouns when describing the events of my life in order to protect my job, my family, or my friendships.
15. If I’m a teenager, I can enjoy dating, first loves, and all the social approval of learning to love appropriately.
16. If I’m called to work with children or to serve God (in most denominations). I don’t have to violate my integrity and lie in order to keep my job.
17. As a responsible and loving adult, I can adopt without lying about my sexual orientation.
18. I feel welcomed and accepted in my church.
19. I can be certain that my children won’t be harassed because of my sexual orientation.
20. I can count on my community of friends, strangers, and institutions to celebrate my love and my family, mourn my losses, and support my relationships.